



## JUNIOR COLLEGE SPORT POLICY

### 1. AIMS OF THE SPORT POLICY

The aims of the policy are to promote:

- 1.1. Awareness of sport and physical activities
- 1.2. Participation of students in sport and physical activities.

### 2. PARTICIPATION

- 2.1. Participation in sports is not compulsory for students.
- 2.2. Where possible, teams are chosen and entered into the school leagues in the area, either GDE or SISA, depending on the size and strength of the teams.
- 2.3. Students that receive private coaching for a sport offered by Ashton must attend at least one practice a week at Ashton to gain point towards Ashton awards such as certificates and colours.

### 3. RECOGNITION

- 3.1. Students are given recognition for participation and achievement in the form of certificates and scrolls, which are to be worn on the school blazer.
- 3.2. The different awards are achievement, merit, half colours, full colours and trophies
- 3.3. The requirements and number of points for each award is set out in the **Junior College Sport & Culture Colour's Constitution per sport.**
- 3.4. No Foundation Phase (Grade 1 -3) student may not be awarded full colours, irrespective of the number points achieved. Half colours is the maximum award achievable in this phase and is only awarded for Provincial and/or National representation..
- 3.5. Awards are presented during colours assemblies which are held four times a year.

### 4. COACHING

- 4.1. Where possible, all coaching is done by a member of staff at Ashton College.
- 4.2. From time to time, external coaches may be required.
- 4.3. All coaches must be qualified and have sound knowledge of the sport they are coaching.
- 4.4. Coaches will be sent on coaching courses and grading courses as needed.
- 4.5. Coaching clinics may also be organised for the relevant sports.

### 5. COSTS

- 5.1. School activities are included in the school fees and offered at no extra cost to the parents.
- 5.2. Private activities are offered to the parents at an additional monthly or termly fee depending on the activity.
- 5.3. Additional fees may be incurred for sports tours and clinics, however attendance for these are not compulsory.

**6. TRANSPORT**

6.1. Where possible, home games are played at Ashton.

6.2. In the event of away games/matches, the school bus/private busses are booked to transport students to and from the sporting venue.

**7. UNIFORM**

The uniforms are all available from the Ashton Uniform Shop and must be used for participation in activities as follows:

Activity	Uniform
Cricket	White Ashton cricket shirt and white cricket pants
Netball	Ashton netball dress
Soccer	Ashton soccer kit
Swimming	Ashton swimming costumer and cap
Tennis, Athletics, Action Ball, Edu-Tumble, T-Ball. Chess and other sports activities not mentioned below	Red Ashton golf/crew neck t-shirt, black Ashton P.E. shorts with red and white strip, Ashton tracksuit and suitable shoes.

**8. FOUNDATION PHASE (GRADE 1 – 3) SPORT**

The following tables indicate the sports available to the students at the school and in a private capacity:

**8.1. Term 1**

School Activities	Private Activities
Athletics	Action Ball (Coached by Mr Reynolds)
Swimming	Chess (Coached by Mr Reynolds)
Mini-soccer (Grade 1 & 2) & Soccer (Grade 3)	Edu-Tumble (Coach Brian)
Mini Netball (Grade 1 & 2) & Netball (Grade 3)	
Tennis (Coached by Ms Wilson)	

**8.2. Term 2 Sport & Activities**

School Activities	Private Activities
Mini-soccer (Grade 1 & 2) & Soccer (Grade 3)	Action Ball (Coached by Mr Reynolds)
Mini Netball (Grade 1 & 2) & Netball (Grade 3)	Chess (Coached by Mr Reynolds)
	Edu-Tumble (Coach Brian)

**8.3. Term 3 Sport & Activities**

School Activities	Private Activities
Mini-cricket	Action Ball (Coached by Mr Reynolds)
Tennis – League (Grade 3 only)	Chess (Coached by Mr Reynolds)
Tennis (Coached by Ms Wilson)	Edu-Tumble (Coach Brian)

**8.4. Term 4 Sport & Activities**

School Activities	Private Activities
Cross-country	Action Ball (Coached by Mr Reynolds)
T-ball	Chess (Coached by Mr Reynolds)
Swimming	Edu-Tumble (Coach Brian)
Tennis (Coached by Ms Wilson)	

**9. INTERSEN PHASE (GRADE 4 -7) SPORT**

The following tables indicate the sports available to the students at the school and in a private capacity:

**9.1. Term 1**

School Activities	Private Activities
Athletics	Chess (Coached by Mr Reynolds)
Swimming	Tennis (Coached by Ms Wilson)
Soccer	
Netball	
Tennis (Coached by Ms Wilson)	

**9.2. Term 2 Sport & Activities**

School Activities	Private Activities
Soccer	Chess (Coached by Mr Reynolds)
Netball	Tennis (Coached by Ms Wilson)
Tennis (Coached by Ms Wilson)	

**9.3. Term 3 Sport & Activities**

School Activities	Private Activities
Cricket	Chess (Coached by Mr Reynolds)
Softball	Tennis (Coached by Ms Wilson)
Hockey	
Tennis (League)	
Tennis (Coached by Ms Wilson)	

**9.4. Term 4 Sport & Activities**

School Activities	Private Activities
Cross Country	Chess (Coached by Mr Reynolds)
Swimming	Tennis (Coached by Ms Wilson)
Inter-house Athletics	
Tennis (Coached by Ms Wilson)	

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## 10. CO-CURRICULAR SPORTS

- 10.1. Co-curricular sports are sports that are done privately and which Ashton does not offer or recognise.
- 10.2. If a student excels in a co-curricular sport, Ashton colours/scrolls will not be awarded, unless the student has excelled at a competitive provincial or national level.
- 10.3. In order to be eligible for recognition for co-curricular sports, a letter stating the student's achievements on an official letterhead from the external organisation needs to be supplied to the JC sports co-ordinator.
- 10.4. Awards for co-curricular sports are awarded at the discretion of management.
- 10.5. Should a student reach National level and represent South Africa for a co-curricular sport their name will be placed on the "National Representation Board" in the Grace Hall.